

# PARENT CHILD/INFANT INTERACTION GOALS:

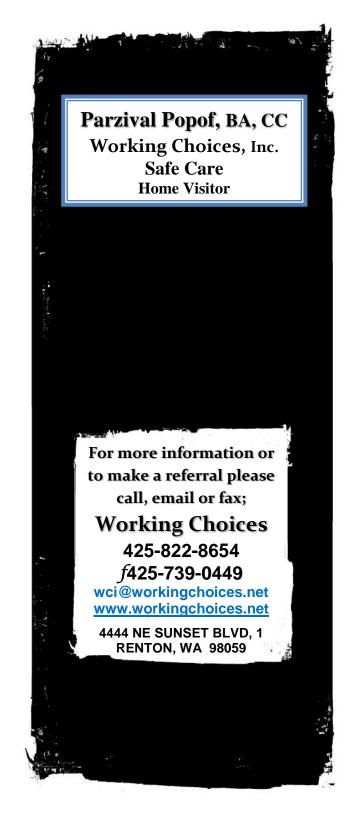
- *Increase* positive interactions between parents and children (age 0-5)
- Use *effective* interaction skills and incidental "in the moment" teaching
- Decrease challenging child behaviors
- Reduce child misbehaving due to boredom
- Increase parent use of skills during daily routines
- Increase age appropriate stimulating activities
- Increase parent bonding and child/infant attachment
- *Enhance* responsiveness between parents and infants

#### **HOME SAFETY GOALS:**

- Learn and recognize hazards
- Learn ways to reduce hazards that could cause injuries by removing them or making them inaccessible
- Learn how to reduce hazards that can cause allergies, asthma and other illnesses

#### **HEALTH GOALS:**

- Keep children as healthy as possible and learn to recognize when children are sick or injured
- Care for sick or injured *children at home* when appropriate
- Recognize when to call a doctor for an appointment
- Utilize health reference materials





Working Choices, Inc.

# SAFE CARE

Evidence Based Parent Training Program

WWW.WORKINGCHOICES.NET



### What is Safe Care?

- SafeCare® is an evidence based, parenting training curriculum for parents who are at risk of or have been reported for child maltreatment or neglect.
- SafeCare® is delivered in the home for 18-22 weeks.
- SafeCare® is intended for families with children age newborn to 5 years.
- SafeCare® intervention includes 3 Modules;
  - Parent-Child Interaction/Parent-Infant Interaction Module: Teaches positive child parent interaction through structured activities and daily routines. It will depend on the age of the identified child as to which of these modules will be taught.
  - Health Module: Teaches parents to identify and respond appropriately to illness and prevent medical neglect.
  - Safety Module: Teaches parents to identify and remove hazards to prevent accidents or injury within the family home.

#### MAKING A SAFECARE REFERRAL

All Safe Care services are referred by DSHS-DCFS Social Workers directly to Working Choices using a Safe Care referral form.

### What Families Should Be Referred to SafeCare®?

Families with:

- Children age 0-5
- Open neglect case or history of neglect
- A lack of resources or social supports
- Parents who are ready to learn
- A deficit in knowledge about effective parenting strategies, such as child behavior management
- Adolescent parents
- Parents in active treatment or with a history of drug and alcohol issues
- Parents who struggle with depression

## <u>For what Families is SafeCare® not the</u> appropriate referral?

Families with:

- Parents who are diagnosed with severe intellectual disabilities/cognitive delay
- Children diagnosed with Autism or Oppositional Defiant Disorder
- Children who are medically fragile

#### Why choose SafeCare®?

• Research indicates that parents of children age 0-5 years who participate in SafeCare® are less likely to be referred or re-referred to CPS as compared to parents who *do not* participate in this program.

"I really loved the printed materials; I still use them all the time." ~WCI PJSC Graduate 2011

"I feel like I know what to do now. My daughter is safe and we are so much closer."

∼WCI PJSC Graduate 2012

### Working Choices, Inc.

has been providing quality in-home counseling services since 1986.

### **Available WCI Services;**

- Safe Care
- Family Preservation Services
- Family Functional Therapy
- Crisis Family Intervention
- Professional Services including;
  - In-home Individual or Family Counseling
  - Parenting Instruction
  - Parenting Assessments
  - Psychosocial Evaluations
- Therapeutic Groups

Working Choices, Inc.
has a diverse staff of
Licensed, or Certified
Counselors, and Social
Workers. All WCI therapists
receive Certified Supervision
and are committed to the
WCI mission of enhancing
safety, stability and quality of
life for children.