



#### PARENT CHILD/INFANT INTERACTION GOALS:

- *Increase* positive interactions between parents and children (age 0-5)
- Use *effective* interaction skills and incidental "in the moment" teaching
- *Decrease* challenging child behaviors
- *Reduce* child misbehaving due to boredom
- *Increase* parent use of skills during daily routines
- *Increase* age appropriate stimulating activities
- *Increase* parent bonding and child/infant attachment
- *Enhance* responsiveness between parents and infants

#### HOME SAFETY GOALS:

- Learn and recognize hazards
- Learn ways to reduce hazards that could cause injuries by removing them or making them inaccessible
- Learn how to reduce hazards that can cause allergies, asthma and other illnesses

#### HEALTH GOALS:

- Keep children as healthy as possible and learn to recognize when children *are* sick or injured
- Care for sick or injured *children at home* when appropriate
- Recognize when to call a doctor for an appointment
- Utilize health reference materials

### **WCI's Safe Care Home Visitors**

**Diana Sonne, CC, Coach**

**Tricia Cunningham, LMHCA**

**Parzival Popof, CC**

**Chole Barcus, LMHCA**

**Amara Zee, LMHCA**

For more information or to  
make a referral please call,  
email or fax;

**Working Choices**

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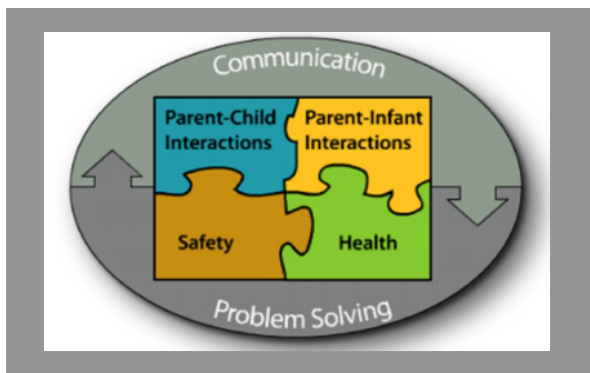


**Working Choices, Inc.**

# **SAFE CARE**

**Evidence Based  
Parent Training  
Program**

**[www.workingchoices.net](http://www.workingchoices.net)**



## What is Safe Care?

- SafeCare® is an evidence based, parenting training curriculum for parents who are at risk of or have been reported for child maltreatment or neglect.
- SafeCare® is delivered *in the home* for **18-22 weeks**.
- SafeCare® is intended for families with children **age newborn to 5 years**.
- SafeCare® intervention includes 3 Modules;
  - **Parent-Child Interaction/Parent-Infant Interaction Module:** Teaches positive child parent interaction through structured activities and daily routines. It will depend on the age of the identified child as to which of these modules will be taught.
  - **Health Module:** Teaches parents to identify and respond appropriately to illness and prevent medical neglect.
  - **Safety Module:** Teaches parents to identify and remove hazards to prevent accidents or injury within the family home.

## Making a Safe Care Referral

All Safe Care services are referred by DSHS-DCFS Social Workers directly to Working Choices using a Safe Care specific referral form.

### Families that *SHOULD* be referred to SafeCare® have ...

- Children age 0-5
- Open neglect case or history of neglect
- A lack of resources or social supports
- Parents who are ready to learn
- A deficit in knowledge about effective parenting strategies, such as child behavior management
- Adolescent parents
- Parents in active treatment or with a history of drug and alcohol issues
- Parents who struggle with depression

### Families that should *NOT* be referred to SafeCare® have...

- Parents who are diagnosed with *severe* intellectual disabilities/cognitive delay
- Children diagnosed with Autism or Oppositional Defiant Disorder
- Children who are medically fragile

### Why choose SafeCare®?

- Research indicates that parents of children age 0-5 years who participate in SafeCare® are less likely to be referred or re-referred to CPS.



*"I really loved the printed materials; I still use them all the time."* ~WCI SC Graduate 2011

*"I feel like I know what to do now. My daughter is safe and we are so much closer."* ~WCI SC Graduate 2012

## **Working Choices, Inc.**

has been providing  
quality in-home counseling  
services since **1986**.

### **Available WCI Services:**

- Triple P
- Safe Care
- PCIT
- Crisis Family Intervention
- Family Preservation Services
- Professional Services *Including:*
  - In-home Individual, Family Counseling
  - Parenting Instruction
  - Parenting Assessments
  - Therapeutic Groups
  - (DBT based skill building groups, Parenting Groups, Support Groups, etc.)
- Privately Contracted Counseling Services

**All Working Choices, Inc.**

**CFI providers are  
Licensed and experienced  
Master level clinicians.**