

**All Working Choices, Inc.**

**PPP therapists are experienced Licensed Master level clinicians;**

**Cristien Storm, LMHC**

**Natashia Trotman, LMHC**

**Adair Ellison, LMHCA**

**Isabel Estrada, LSWAIC**

**Dorothy Capers, LSWAIC**

**Ewa Lichnowska, LMHCA**

**What does the research say?**

No other parenting program in the world has an evidence base as extensive as that of **Triple P**. It is number *one* on the World Health Organization's ranking of parenting programs.

**The US Triple P System Population Trial found that making Triple P available to all parents in a country led to;**

* **Fewer out-of-home placements**
* **Fewer hospitalizations from child abuse injuries**
* **Slowed growth of confirmed child abuse cases**

[www.pfsc.uq.edu.au/research/evidence](http://www.pfsc.uq.edu.au/research/evidence)

**Triple P reduces problem behavior in children and improves parents' wellbeing and parenting skills.**

Nowak, C. & Heinrichs, N. (2008)

**Parents using Triple P report that they are less stressed, less depressed and don't use harsh discipline.**Sanders,M.R(2008)

**Triple P has been shown to slow rates of child abuse, reduce foster care placements and decrease hospitalizations from child abuse injuries.** Prinz, R.J., et al (2009)



[**WWW.WORKINGCHOICES.NET**](http://WWW.WORKINGCHOICES.NET)



Working Choices, Inc.

Triple P

Evidence Based

Positive Parenting Program

English & Spanish

For more information or to make a referral please call, email or fax;

**Working Choices**

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[**www.workingchoices.net**](http://www.workingchoices.net)

**1611 116th AVE NE Ste. 101**

**Bellevue, WA 98004**

Making a PPP Referral

Triple P services are referred by DSHS

Social Workers directly to

Working Choices, Inc. using a specific *FPS Triple P Enhanced* referral form. Please feel free to download from our web site at

www.workingchoices.net

What is PPP?

* Positive Parenting Program or PPP is delivered to parents of children **up to 12** years, with Teen Triple P for parents of **12 to 16** year olds.
* Working Choices, Inc. delivers PPP in the ***family home****.*
* PPP puts evidence-based parenting into the hands of parents and normalizes the concept of parenting programs so parents feel comfortable asking for help.
* PPP aims to deliver the exact amount of support a parent needs, enough but not too much.
* The majority PPPs parenting strategies focus on developing positive relationships, attitudes and conduct.
* PPP gives parents the confidence and skills to be self-sufficient and to manage problems independently.
* PPP serves as an early intervention to prevent child abuse, mental illness and anti-social behavior.
* PPP aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.
* Triple P, Positive Parenting Program ® is a parenting and family support system designed to prevent, as well as treat, behavioral and emotional problems in children and teenagers.

**Working Choices, Inc.**

FPS Triple P Enhanced

Upon PPP Certification, the experienced and trusted Working Choices, Inc. FPS counselors are able to provide an FPS intervention enhanced with the evidence based practice Triple P.

This in-home intervention is appropriate for families with children ages newborn to 16. It may be provided regardless of where the children are residing as the practice focuses on skill building with the parent.

In addition to the 18 PPP sessions, FPS Triple P Enhanced allows for a limited amount of other therapeutic and resources related needs of the family to be addressed.

FPS Triple P Enhanced still allows the CA Social Worker to identify and approve the utilization of concrete funds, if indicated, to enhance safety and assist with goal completion.

Working Choices, Inc. has a diverse staff of Licensed or Certified Counselors and Social Workers. All WCI therapists receive Certified Supervision and are committed to the WCI mission of enhancing safety, stability and quality of life for children.

**Available WCI Services;**

* Safe Care
* PCIT
* Family Preservation Services
* Crisis Family Intervention
* Professional Services *including;*
* In-home Individual, Family Counseling
* Parenting Instruction
* Parenting Assessments
* Psychosocial Evaluations
* Therapeutic Groups (DBT, Parenting Skills, etc.)

**Working Choices, Inc. has been providing quality in-home** **counseling services since *1986*.**

